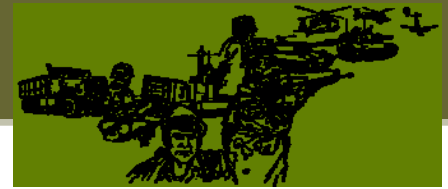


# SPECIAL TROOPS BATTALION

U.S. Army  
4<sup>th</sup> Infantry Division, Support Brigade



## Commander's Corner

By Wolfpack 6

Hello from Iraq,

The 4th Support Brigade Special Troops Battalion arrived in Iraq just one week ago and is already making a difference. We are supported by a fantastic dining facility and are being spoiled with the availability of Baskin Robbins ice cream, Red Bull and Non-Alcoholic beer. We will certainly need to maintain our physical fitness while we're here. The soldiers are living in buildings or trailers and have access to showers and porcelain toilets. The accommodations here are a great improvement to Camp Buehring, Kuwait.

We spent 10 days in Kuwait prior to our arrival in Iraq, where we trained from 0300 in the morning to well after the sun set daily. Some of the soldiers were highlighted in articles found on the 4th ID website and in the Army Times. All soldiers performed magnificently as they were training on their battle drills. The daily temperatures reached well over 105 degrees which made wearing our body armor and helmets much more unpleasant. On one occasion, we trained in a sandstorm so bad that you couldn't see more than 100 yards. I'm happy to report though, that we did not have

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anyone succumb to the heat. In our 10 days in Kuwait, we shot more ammunition than we would have in three years back in the states. Not a day goes by that I'm not impressed with the drive and attitude of the great soldiers of this Battalion. I'm truly proud to serve with your Husbands, Wives, Sons, Daughters, Brothers and Sisters, Moms and Dads. Until my next installment, you all stay safe and we hope for your continued support.

## HHC Family Readiness Group

By Diana Rios

We would like to thank those that attended October's FRG meeting. We are proud to say that we will be moving the meetings back to the Ironhorse Readiness Center due to space. The next FRG meeting will be on Monday, November 7 at 1800 hrs.

At this meeting we will be video taping messages for Christmas to be sent "down range." We would also like to thank those that have volunteered to hold a position in the FRG. It has been said that there is nothing stronger than the heart of a volunteer, and our volunteers have the biggest hearts in Texas. As a reminder, if you plan on leaving the area please notify your Point of Contact (POC) person or the rear detachment. Here are a few pictures from the FRG meeting. See you in November!



*"The next FRG meeting will be  
on Monday, November 7 at  
1800 hrs.*

*"*

## Hails and Farewells

### SEPT ARRIVALS:

WO1 Cardona and Maritza  
1LT Frederickson  
MAJ(P)Higdon and Jennifer  
PVT Condrey  
SFC Graham and Camilla  
SFC Waller and Cathy  
PFC Dolson  
SPC Downs and Tira

### OCT ARRIVALS:

SFC Cook and Rebecca  
SSG Givens and Teresa  
SFC Tyler and Marilyn  
LTC Arincorayan and Vicky

## Pictures from IRAQ

Special thanks to Ellen Friel for sharing.





## Pictures from the FRG



# Events

## NOVEMBER:

Nov 7<sup>th</sup>: HHC FRQ Meeting @ 1800 hrs.

Nov 11<sup>th</sup>: Veteran's Day

## DECEMBER

## Event Descriptions

**HHC FRG Meeting:** Meets at the Ironhorse Readiness Center.

Do you have an event that you want the battalion to know about?? Send you event to [newsletter-stb-4ID@HOT.rr.com](mailto:newsletter-stb-4ID@HOT.rr.com) and we will get it into the newsletter. All content is subject to editor and commander's discretion.